

Counselling and support after antisemitic incidents

ofek

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0176 458 755 32



@ofekberatung



@ofek_beratung



@ofek_beratung

www.ofek-beratung.de

What is OFEK e.V.?

OFEK e.V. is a non-profit association and a counselling center for anti-semitic violence and discrimination based in Berlin with a nationwide focus. OFEK e.V. was formed in 2017 in response to increasing visible antisemitism and the need for specialised antisemitism advice.

OFEK e.V. is based on the advisory standards of the VBRG*, advises all cases regardless of their criminal relevance and always acts on behalf of those affected. The advisory team offers individual advice, group offers, a nationwide hotline and regional support in Berlin, Hesse, Baden-Württemberg, Saxony-Anhalt and Sachsen. The advice is confidential, multilingual, free of charge and anonymous if desired.

Who can reach out to us?

We advise individuals, their families and relatives as well as witnesses in the event of antisemitic violence or discrimination at school, at work, in the neighbourhood, in their personal environment or in public authorities. In addition, we also offer professional advice after incidents to institutions such as municipalities, schools and associations that are looking for advice.

* Association of counseling centers for victims of right-wing, racist and antisemitic violence

What do we offer?

- Counselling and psychosocial support following antisemitic incidents
- Empowering group counselling
- Legal advice in dealing with antisemitism and discrimination
- Mediation of further advice (e.g. Anti-discrimination advice or specialized psychological offers)
- Specialist advice for Jewish communities, schools, authorities and other institutions seeking advice

Advising young people and families as well as students in the course of incidents at school and during their studies is an important focus of our work.

Our counselling is available in **German, Hebrew, Russian** and **English**.

How do we work?

- We follow the wishes, needs, and requirements of our clients
- Our work principles are partiality and solidarity with those affected
- Counselling is free of charge, confidential and, upon request, anonymous
- We work independently from governmental facilities and consult in all cases, regardless of the relevance under criminal law
- We encourage our clients and direct them to the available resources
- We also consider previous and/or (family-) biographical experiences with antisemitic discrimination
- We cooperate closely with Jewish institutions and civil society organizations

Other services

- Advice on compensation and hardship benefits for victims of violent crimes
- Coaching for children, young people and families
- Specialist advice and training on request
- Support in organisational development and crisis management
- On request: case-specific public relations work and support in legal proceedings

Our partners

- Anti-Discrimination Association Germany (advd)
- Federal Association of Departments for Research and Information on Antisemitism (RIAS)
- Competence Centre for Prevention and Empowerment (of the ZWST)
- Association of Counseling Centers for Victims of Right-wing, Racist and Antisemitic Violence in Germany (VBRG)

Locations

OFEK Baden-Württemberg

☎ (+49) (0) 711 228 36 29
(+49) (0) 176 346 795 20



OFEK Berlin

☎ (+49) (0) 30 610 80 458
(+49) (0) 176 458 755 32



OFEK Hessen

☎ (+49) (0) 69 944 371 50
(+49) (0) 157 850 844 24
(+49) (0) 159 013 593 90



OFEK Sachsen-Anhalt

☎ (+49) (0) 345 681 670 47
(+49) (0) 176 577 131 40
(+49) (0) 176 577 131 27



OFEK Sachsen

☎ (+49) (0) 159 067 785 51



kontakt@ofek-beratung.de

www.ofek-beratung.de

How to contact us:

OFEK e.V. – Counselling Centre for Antisemitic Violence and Discrimination

www.ofek-beratung.de

kontakt@ofek-beratung.de

Nationwide hotline:

Monday	16:00 - 18:00
Tuesday	10:00 - 12:00
Wednesday	12:00 - 14:00
Thursday	10:00 - 12:00
Friday	12:00 - 14:00

Hotline: (+49) (0) 800 664 52 68

Mobile: (+49) (0) 176 458 755 32

Managing Director:

Marina Chernivsky

chernivsky@ofek-beratung.de

Online Counselling (Chat on the website)

Monday	15:00 - 17:00 Uhr
Tuesday	15:00 - 17:00 Uhr
Wednesday	15:00 - 17:00 Uhr
Thursday	15:00 - 17:00 Uhr
Friday	14:00 - 16:00 Uhr

Our Partners

(a selection)



Bundesverband RIAS e.V.
Bundesverband der Recherche- und
Informationsstellen Antisemitismus

**kompetenz
zentrum**
PRÄVENTION UND EMPOWERMENT.



VERBAND DER BERATUNGSSTELLEN FÜR
BETROFFENE RECHTER, RASSISTISCHER
UND ANTISEMITISCHER GEWALT E.V.

Sponsors

OFEK Baden-Württemberg

Gefördert vom



Bundesministerium
für Familie, Senioren, Frauen
und Jugend

im Rahmen des Bundesprogramms

Demokratie *leben!*



Baden-Württemberg
STAATSMINISTERIUM

OFEK Berlin

Gefördert durch



im Rahmen von



**DEMOKRATIE.
VIELFALT.
RESPEKT.**

Das Landesprogramm gegen
Rechtsextremismus, Rassismus
und Antisemitismus

Gefördert vom



Bundesministerium
für Familie, Senioren, Frauen
und Jugend

im Rahmen des Bundesprogramms

Demokratie *leben!*

OFEK Hessen

HESSEN



Gefördert im Rahmen des Landesprogramms



Zentralwohlfahrtsstelle
der Juden in Deutschland e.V.

OFEK Sachsen-Anhalt



SACHSEN-ANHALT

Ministerium für
Arbeit, Soziales, Gesundheit
und Gleichstellung

#moderndenken

OFEK Sachsen

STAATSMINISTERIUM
FÜR KULTUS



Freistaat
SACHSEN

Diese Maßnahme wird mitfinanziert durch
Steuermittel auf der Grundlage des vom
Sächsischen Landtag beschlossenen Haushalts